

Foundation Course Time Table for MBBS 2019 Admission Batch

Activity Colour code	Subject	Dedicated Hours as per MCI guidelines.	Abbreviations used in this document.						
	Lunch		DOAP: Demonstration, observation, assistance, performance.						
	Orientation	30	SDL: Self directed learning						
	Skills module	35	LMS: Learning management system.						
	Field visit	8	SMS&R: School of Medical Sciences & Research, Sharda University.						
	Professional +Ethics	40	PSM: Preventive & social medicine.						
	Language/ Computer	40	HOD: Head of Department						
	Sports	22	LGD: Large group discussion.						
	Extra curricular								
Date	8:30-9:30	9:30-10:30	10:30-11:30	11:30-12:30	12:30-1:30	1:30-2:30	2:30-3:30	3:30-4:30	4:30-5:00
1-Aug-2019	Observational activity: Campus visit, visit to hostels, sports ground, gym, library, Common rooms.		Welcome address Dean SMSR, Inaugural function. Overview of Sharda Hospital by Medical Suprintendant .	Introduction of HoDs. Over view of rules & Regulations of Sharda University by Registrar, Overview of rules and Regulations of SMS&R by Pro VC SMS&R, Motivational talk on work is worship: Advisor to Chancellor,	Overview of Sharda University by Hon"ble VC, Address by Hon'ble Pro Chancellor & Address by Hon'ble Chancellor, Sharda University.	White Coat Ceremony.	Lunch.SMS&R 6th floor.	Group Discussion: Why you chose to be a doctor- Dr. Vikram S Chauhan. Overview of Anti ragging measures at SMS&R by Coordinator Anti Ragging Committee .	
2-Aug-2019	Life begins here by HOD, Obs & Gynae (30 min), We nurture life by HOD, Pediatrics (30 min)	Changes in public perceptions towards medical profession - A wake up call A debate-Dr. Ashok Bhatnagar	The medical therapist by HOD,Gen. Medicine(30 min), We cut to save by HOD, Gen Surgery (30 min)	The guardians of Mental health by HOD, Psychiatry (30 min)The Emergency Room-Dr. Subir (30 min)	The role of Laboratory services- Dr. Manoj Nandkeoliar (30 min), Blood as a life-saver-Dr. Jyoti Mishra, Blood Bank (30 min)		Observational activity: Hospital Visit to OPDs, Wards, ICUs & OTs - Moderator:Dr. K Suresh	Adult life, Hostel living- virtues expected of model student/citizen . Dr. S.S Gulati	Reflections (based on hospital visit): The life of a doctor: Its victories and trials (SDL)
3-Aug-2019	Role plays : Doctor-patient Relationship- 4 plays (15 minutes each) followed by discussion (30 minutes each)- Moderator: Dr. Shehla Jamal, Obs & Gynae			Communication & Interpersonal skills- Dr. Ruchi Srivastava, Obs & Gynae (30 min), Gender Sensitivity in clinicians - HOD, Dermatology (30 min)	Medical Education- Overview. Dr.Ashok Bhatnagar (30 mi) Legal Issues in Medicine - Dr. Pooja Rastogi, (30 min)		Observational activity: Hospital Visit to Ancillary services (Reception, Billing, Blood Bank, Labs, Radiology, Physiotherapy) - Moderator: Dr. Pankaj Bansal, Medicine	Reflections: Role of communication in doctor-patient relationship (SDL)	
4-Aug-2019	SUNDAY								
5-Aug-2019	Competency based medical education- Dr. Vikram Singh, Surgery (30 min), MBBS Curriculum- Dr.Manisha Jindal, Dean SMS&R (30 min)	Doctor as a life-long learner and researcher - Dr. Renu Dutta, Microbiology (30 min)	Reflection & Group Discussion: Roles of a doctor- Moderator: Dr. Suparna Dubey Pathology (1 hour, 30 min)	Doctor as a Leader & Member of a healthcare team- Dr. SR Nagesh, Community Medicine (30 min), Dead Teaches the Living- Dr.Nirupma Gupta, Anatomy (30 min)	Body is a System- Dr. Bijli Nanda, Physiology (30 min), Chemistry of Life-Dr. Gladys Rai, Biochemistry (30 min)		Observational activity: Visit to Departments of Anatomy, Physiology and Biochemistry - Moderator: Dr. Prajna P Samantha	Post-test & Feedback- Dr. Suparna Dubey, Pathology	
6-Aug-2019	Introduction to bioethics, questionnaire followed by large group session- Dr. Sachin Manocha		Introduction to sports and physical activity and Yoga by Dr. Arun Kumar, Mr.s Monika Sudarshan. Large group session followed by practical, utility hall 6th floor SMSR .		Large Group Discussion- Hand hygiene(Dr. Neeraj, Micro)		Language skills by School of Humanities and Social sciences, Dr P K Mitra and team .Emphasis on english grammer ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium		

7-Aug-2019	Cadaver as first teacher, large group- Dr. Nirupma Gupta, Anatomy	Patient rights, Large group- Dr. Pooja Rastogi	Sports exercises/Yoga- Batch A/B-B/A, Dr. Arun Kumar. utility hall 6th floor SMSR/cricket ground	End of life decisions- Interactive lecture-Dr. Kunal Kumar		First Aid Basics-Mrs Roselein(DOAP Session(Batch A) Basic Life support-Dr Suveer & Team, Large Group session/DOAP (Batch B) Library utilisation : Large group introduction to the facilities and use of library for personal use. Auditorium by Librarian or other library staff. Followed by visit to library.(Batch C)
8-Aug-2019	Confidentiality of patient details-Dr. Pankaj Bansal	Palliative care-Interactive large group session-Dr. Hemkant Verma	Classical music- Dr. Brinda Choudhary-large group session. utility hall 6th floor SMSR	How computer are useful in medicine & medical education, e-learning. Large group interactive session. Dr. Vikram S. Chauhan in auditorium.		Language skills by School of Humanities and Social sciences, Dr. P K Mitra and team. Emphasis on english grammar ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium
9-Aug-2019	Breaking bad news- Dr. Sujaya Mukhopadhyay Pediatrics	PSM VISIT				Computer skills large group session followed by handson training/exercise.Parts & Basic working of computers. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium
10-Aug-2019	Ethical issues in treating children- Interactive lecture-Dr. Satinder Aneja	Computer skills large group session followed by handson training/exercise. Using MS office & other free productivity softwares. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium	Medical Ethics & Ophthalmologist -- Dr. Yogeshwar Chander Arora		Medical Ethics in ICU- Dr. Amit Gupta, Anesthesiologist.	Medical Ethics-SDL -- Dr. Bijli Nanda
11-Aug-2019	SUNDAY					
12-Aug-2019	HOLIDAY					
13-Aug-2019	Ethical issues in treating the mentally ill- Interactive lecture-Dr. Kunal Kumar	Ethical issues in Laboratory Medicine- patho/micro/biochem Dr. Renu Dutta	Role of diet & nutrition in sports-large group/Diet Chart preparation practical- Dr. Arun Kumar, utility hall 6th floor SMSR .	Research Skills-Dr. Ashok Kumar Dubey- Large Group Discussion		First Aid Basics-Mrs. Roselein (DOAP Session(Batch C) Basic Life support-Dr. Suveer & Team, Large Group session/DOAP (Batch A) Library utilisation : Large group introduction to the facilities and use of library for personal use. Auditorium by Librarian or other library staff. Followed by visit to library.(Batch B)
14-Aug-2019	My reflections on ethical issues- assignment in log book-SDL- Dr. Bijli Nanda	Guidelines for doctors on sexual boundaries- Interactive lecture: Dr. Pooja Rastogi	Physical fitness, evaluation of physical fitness by Coopers test, , Large group followed by practical -Dr. Arun Kumar . utility hall 6th floor SMSR , cricket ground SMSR	Stress management Large Group Discussion.Dr. Abhineet Kumar, Psychiatry.		First Aid Basics-Mrs Roselein(DOAP Session(Batch B) Basic Life support-Dr Suveer & Team, Large Group session/DOAP (Batch C) Library utilisation : Large group introduction to the facilities and use of library for personal use. Auditorium by Librarian or other library staff. Followed by visit to library.(Batch A)
15-Aug-2019	HOLIDAY					
16-Aug-2019	Definition of Consumer under the Consumer Protection Act, 1986- School of Law. Dr. P Kulshrestha and team.	Computer skills large group session followed by handson training/exercise. Using email and other correspondence software for medical learning. Dr.Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium				Computer skills large group session followed by hands on training/exercise .Online learning resources and their use. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium
17-Aug-2019	Definition of 'Deficiency in services' under the Consumer Protection Act, 1986 - School of Law.Dr. P Kulshrestha and team.	Computer skills large group session followed by handson training/exercise. Various LMS and online sources for college learning.Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium		Time Management & ability to prioritise work loadLarge Group Discussion Dr. Shivani/Mr Randhir		What Skills Tomorrow's Doctors May Need-A survey in form of questionnaire -- Dr. Pragma Ethical frame work for Gyane & Obstetrical practice -- Dr. Neerja Goel
18-Aug-2019	SUNDAY					
19-Aug-2019	Conflict of interest- interactive lecture- Dr. Ashok Dubey	Ethical issues in genetics- Dr. Manoj Nandkeoliar Biochemistry	Public speaking- Mrs. Prachi. Auditorium.	Written communication skill in Medical field- Anaesthesia dept		Language skills by School of Humanities and Social sciences, Dr. P K Mitra and team. Emphasis on english grammar ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium

20-Aug-2019	Overview of Medical Ethics. - Dr. Manisha Jindal	Developing Professionalism in future Doctors- Dr. Ashok Bhatnagar	Role of posture in sports- Dr. Arun Kumar-large group session. utility hall 6th floor SMSR .	Sports specific coaching- Practical , Dr Arun Kumar.Badminton and basketball for girls and boys at respective courts SMSR	Basic counselling skills-interactive session, Role play- Dr. Abhineet Kumar Psychiatry		Universal precautions and needle prick injuries-react/response/counselling- Interactive session by Microbiology
21-Aug-2019	Morality, Ethics, and Radiologists' Responsibilities-Dr. Vishal Gupta	Ethical issues in Insurance- Dr. Deepak, Insurance supervisor.	Games fundamental skills -Dr. Arun Kumar interactive large session. Volleyball and football for girls and boys. Court and football ground.		Personal hygiene, etiquette expected of a medical doctor- Dr. Anushree Lochan- Ophthalmology		Team working & Relationship- Large group interactive session by Hospital administration faculty. Dr. Raja Dutta
22-Aug-2019	Abortion and MTP- Interactive lecture- Dr. Shelly Agarwal	Prenatal screening ,IVF, Surrogacy-Role play and interaction-Dr.Shehla Jamal	Informed consent for procedure,t,t,surgery- Dr.K Suresh	Medical Ethics-Relationship between doctors- Dr. Sudhir Kumar	Speaking for better communication.School of Mass communication- Dr. Ashraf Ali		Language skills by School of Humanities and Social sciences, Dr. P K Mitra and team. Emphasis on english grammer ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium
23-Aug-2019	Ethics in surgical practice- Dr.Ashutosh Niranjani	PSM VISIT					Computer skills large group session followed by handson training/exercise..Advances in technology likely to benfit the medical practise and education in future. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium
24-Aug-2019	HOLIDAY						
25-Aug-2019	SUNDAY						
26-Aug-2019	Organ Transplantation ethics-Dr. V. Mahajan	Informed consent for research-Interactive lecture-Dr. Ashok Kumar Dubey	Speaking for better communication:Speaking about myself Interactive session. Dr. Prajna P Samanta/Dr. Abhilasha Priya				Types and basics of statistical software. Statistician from PSM - Dr. Hari Pal
27-Aug-2019	Ethics in Clinical trials- Dept of Medicine-Dr.VPS Punia	Ethics of data sharing- Dr.Shalini Srivastva	Talent hunt -Mrs.Shanti Narayan, Auditorium.		Critical thinking and Problem solving - SDL Dr. SN Gaur		.Language skills by School of Humanities and Social sciences, Dr P K Mitra and team. Emphasis on english grammer ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium
28-Aug-2019	Ethics of public Health and Health promotion- Dr. Harsh Mahajan	Medical Negligence-Role Play-Dr. Pooja Rastogi	Obesity,wt. management- Dr. Arun Kumar.utility hall 6th floor SMSR .	Benefits of Yogasanas- Mrs. Monika Sudarshan.utility hall 6th floor SMSR .	Basic Technical Skills in medical students Dr. Prajna P Samanta		To attempt a computerised exam. Large group interactive session by a Senior resident having passed NEET.
29-Aug-2019	Ethics of Resource allocation-Lecture Sachin Manocha	Dr.	Yoga session- Mrs. Monika Sudarshan. utility hall 6th floor SMSR .		Emergency skills for medical students.LGD casualty- Dr.Vikram Singh Chauhan		Language skills by School of Humanities and Social sciences, Dr.P K Mitra and team. Emphasis on english grammer ,vocabulary, enhancement of spoken and writing skills & assessment. Auditorium
30-Aug-2019	Leading Supreme court / National Consumer Disputes Redressal Commission Cases on Medical Negligence. Dr. P Kulshrestha and team.		Digital library and resource utilisation -Dr. Anita Singh -Librarian.				Computer skills large group session followed by handson training/exercise. Using technology for making learning resources for teaching and presentations. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium.
31-Aug-2019	Reflection & Feedback on Professionalism and ethics exposure.Dr. Bijli Nanda	Computer skills large group session followed by handson training/exercise..Artificial intelligence and medicine. Dr. Nitin Rakesh, Prof of computer science, Sharda University and team. College Auditorium			Reflections/ Feedback, Auditorium, Dr. Vikram Singh Chauhan		
1-Sep-2019	SUNDAY						

Note : The students are requested to bring laptops (if possible) along with them for sessions on basic computer science.