



SHARDA HOSPITAL

SCHOOL OF MEDICAL SCIENCES AND RESEARCH



**Ayurvedic Panchkarma Treatment
Now at Sharda Hospital**



panchakarma
CENTRE

Panchakarma Centre
Sharda Hospital, a state-of-the-art multi-specialty hospital situated in NCR (Greater Noida) on the Sharda Group of Institutions. It now brings you advanced and modern Ayurvedic Panchakarma Centre.

Growing demand and increasing popularity of Ayurveda has led the whole to look towards India with a great degree of hope in providing specialized Ayurvedic treatments. Panchakarma and massage therapies provide a high and positive prognostic value to the diseases that are considered to be medically unmanageable.

Panchakarma or the five techniques of bio-purification are done through several procedures for removing toxic materials from the body. These methods are employed in the healthy people to prevent diseases and to improve the immunity, as also in the sick people to treat a number of diseases.

Panchakarma treatments available for:

- Fatigue
- Asthma
- Sciatica
- Anxiety
- Smear
- Migraine
- Insomnia
- Paralysis
- Backache
- Headache
- Joint Pains
- Depression
- Rejuvenation
- Hypertension
- Digestive Disorders
- Muscular Dystrophy
- Cervical Spondylitis
- Neurological Disorders

Special Packages for:
Body Rejuvenation, Stress, Relief, Weight Reduction, Hair Care, Eye Care

Now relax at just of ₹ 499/-
(Whole body followed by Herbal Steam Bath.)
(Open on Sundays & Holidays on popular demand. kindly take prior appointment to avoid waiting.)

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NEWSLETTER VOLUME-3 • ISSUE-2



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Pro Vice Chancellor's Message



I am again happy to write a few lines about our newsletter. Our newly admitted students were very well received and an orientation program was conducted for them. It was well appreciated by the parents of those students.

Various health days were celebrated for creating awareness amongst staff, students and public. Mini marathon was arranged on 27-09-2017 on the occasion of world heart day. Winners were given awards. Diabetes awareness lesson was conducted along with Lions club. Various workshops including suturing workshop was conducted for resident doctors.

Seven Professors and twenty Assistant Professors have joined as our faculty in last few months. We welcome all of them. Our students participated in various tournaments held in NCR region and brought laurels to us.

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Dean's Message: Let's Rise to the Challenge



I warmly welcome you to this issue of the School of Medical Sciences & Research's newsletter. The current issue celebrates the accomplishments and recognitions of our faculty and students, highlights the events hosted by the institute and acknowledge the contributions of staff, students, faculty and alumni towards growth of the institute.

In Sharda Hospital, we have been adding latest cutting-edge equipment and instruments during the past several years to elevate the treatment protocols and provide best patient care.

Our strategy for ensuring that the college remains well-positioned to maintain its phenomenal growth includes attracting world-class faculty, expanding our performance tracks and continuing to renew our teaching and research laboratories with an eye towards elevating our research labs to the national level.

Another practice that has been woven into the SMS&R's education process is the incorporation of newer methodologies of imparting teaching- learning, so that our students gain the best knowledge and skills as expected of a medical graduate. I believe that the graduates from this institute can face any challenge posed to them as they set out for receiving real-world training in world medical arena full of emerging technologies. I sincerely thank all our faculty members for their initiative, patience and enthusiasm for the same.

I take pride in all my students who have shown exceptional talent, diligence, leadership and team spirit in the various curricular and extra-curricular activities that have taken place in the institute and outside it, and have brought home accolades and awards for their outstanding performance.

We look forward to keeping you posted on our progress on each of these vital fronts, and on the remarkable accomplishments of our students, faculty, and alumni.

Dr. Manisha Jindal

Dean

Editor's Note

The Newsletter is an effort to highlight the wide range of academic, scientific, community-centric, patient care and student activities, going on round the clock in SMSR and Sharda hospital.

It reflects the dynamism of our faculty and students in taking our budding school and hospital to a higher pedestal, to rival the best.

We solicit support from our respected HODs, Senior Faculty and Colleagues, to provide guidance, valuable opinion, feedback, suggestions for improvement.

With your support, we hope to make the newsletter a chronicle, recording the evolution of SMSR and Sharda hospital.

For the forthcoming issues of Newsletter, we request all to provide the following information as and when applicable:

1. Awards received & Achievements of the department / faculty member(s).
2. Conference attended / paper presentations by the faculty members of the department.
3. Events / CMEs / Symposia conducted by the department.
4. Collaborative Research undertaken
5. Publications
6. Visiting Faculty
7. Community Healthcare Initiatives
8. Student directed activities
9. Write-ups on clinical meetings
9. New Faculty profiles

The details may be please be forwarded to:

ak.dubey@sharda.ac.in

prajnap.samanta@sharda.ac.in

ORIENTATION PROGRAMME

The School of Medical Sciences and Research (SMS&R) organized 'Orientation Programme' of MBBS 9th Batch on 31st August and 1st September 2017. The ceremony was attended among others by the Chancellor, Sharda University



AWARDS / ACHIEVEMENTS

Dr Shishir Datta, Assistant Professor, Department of Physiology, was honoured with the presidential award by the IMA UP State in its 82nd Annual Conference held at Agra on 19th-20th November, 2017.



Dr Shalini Srivastav, Professor, Community Medicine, was awarded the Elite Certificate for successfully completing the Health Research Fundamentals Course from NIE-ICMR with a score of 87%.



Dr Ashok K Dubey, Professor, Pharmacology was awarded the Distinguished Faculty Award by Hamdard Medical Institute during GPSCON held at Jamia Hamdard Convention Center on 5th November, 2017.



NEWS & EVENTS

Ayurvedic Panchkarma Centre at Sharda Hospital

Sharda Hospital in its continuing efforts to serve the society, opened yet another facility for the public: the advanced and evolved Ayurvedic Panchkarma Centre.

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COMMUNITY HEALTHCARE INITIATIVES ---

World Mental Health Day

The Department of Psychiatry, School of Medical Sciences & Research (SMS&R) and Sharda Hospital organised 'World Mental Health Day' on the 10th October 2017. It was an effort to create awareness on mental health at workplace. The Department of Psychiatry also organised free camp on this occasion.



The program was attended by large number of faculty member and residents. The free camp and counselling for the community was appreciated by the public.

CME on World Stroke Day

The Department of General Medicine, School of Medical Sciences & Research (SMS&R) and Sharda Hospital organised a CME on the occasion of 'World Stroke Day' on 27th October 2017.

World Contraception Day

Department of Community Medicine and Obstetrics & Gynaecology, School of Medical Sciences & Research (SMS&R) & Sharda Hospital organized 'World Contraception Day' on 26th September 2017, by conducting the following events:

Awareness session on 'Contraception: What, when & why?' followed by giving the appropriate contraceptive to the willing ones at Panchayatan (RHTC) and Bhangel (UHTC). Health talk was given on 'World Contraceptive Day' by interns under the supervision of center Co-coordinators. Counseling sessions for eligible couples regarding correct use of contraceptive were held by Lady Medical Officers.

This was followed by a CME in college auditorium which had a lecture on 'Contraception and Birth Control: An Update' by Dr. Shelly Agarwal, Associate Professor, Department of Obstetrics and Gynaecology, SMS&R.

World Sight Day

The Ophthalmology department celebrated World Sight Day on the 12th October 2017 by organising free eye check-up camp. This was done in collaboration with NCPB, District Health Society, Gautam Budh Nagar.

 **World Sight Day**

Department of Ophthalmology | SHARDA HOSPITAL | 

Free Eye Check-up Camp

Thursday, 12th October 2017
from 10.00 a.m. to 1.00 p.m.

Facilities for the camp patients

- Vision Check-up
- Cataract Check-up
- Squint Check-up
- Glucoma Check-up
- Glasses Check-up
- Retina Check-up
- Consultation by Ophthalmologist

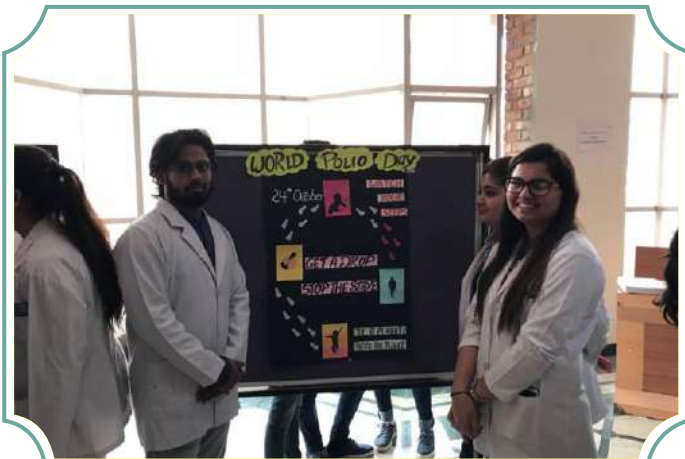
In Collaboration with NCPB, District Health Society, Gautam Budh Nagar

Venue Sharda Hospital, Dept. of Ophthalmology, D-Block, Ground Floor

World Polio Day

The Department of Community Medicine and Pediatrics, School of Medical Sciences & Research (SMS&R) and Sharda Hospital observed the 'World Polio Day' on 24th October 2017 by organizing the following activities:

- Health talk on 'World Polio Day' by interns under supervision of centre Co-ordinators
- Poster Competition by Undergraduate Medical, Nursing, and Students of Allied Health Sciences.



ORS Day

Department of Community Medicine, School of Medical Sciences and Research observed the ORS Day on 29th July, 2017.

A talk was held by MBBS Students of 6th semester for the school students at the health Centers. Health Talk by Post -Graduate students was also held at the health centers on "Recognizing danger signs of dehydration and home based management of Diarrhea" . Demonstration of correct method of preparation of ORS in the community was also done by the Interns. Lady Medical Officers answered the queries of mothers and local people regarding management of Diarrhea. ORS Sachets were distributed to the mothers attending the program at respective centers.

In the afternoon talks on diarrhoea management were organized by the department in the college auditorium.

World Hepatitis Day

Department of General Medicine and Pathology, School of Medical Sciences & Research (SMS&R) and Sharda Hospital organized 'Poster Competition' and 'Guest Lecture on Hepatitis B' on the occasion of World Hepatitis Day.

Cancer Awareness Programme

A Cancer Awareness programme was organised by the department of General Medicine in collaboration with the Rotary Club on 01/08/2017. The event was coordinated by Dr Sanjay Rai, Medical Oncologist, Sharda Hospital.

World Alzheimer's Day

World Alzheimer's Day was observed on 21st September by the Sharda Hospital on to raise awareness and mitigate the stigma that surrounds dementia. The department of Psychiatry, School of Medical Sciences & Research (SMS&R) and Sharda Hospital organized the following activities:


1. Free screening for Alzheimer's dementia by mental health professionals
2. Information session for care givers.



World Blood Donor Day

Department of blood bank, Sharda Hospital, successfully organized a voluntary blood donation camp on 14th June 2017 on the occasion of World Blood Donor Day. This year, the slogan on the Worlds Blood Donor's Day was "Give the gift of life: donate blood". The department also arranged for a guest lecture on Nucleic Acid Testing (NAT) and blood testing Prof Jyotsna Madan, Head, Superspeciality Paediatric Hospital and Postgraduate Teaching Institute, Noida.







On the occasion of

WORLD BLOOD DONOR DAY

DEPT. OF PATHOLOGY & BLOOD BANK
organize



VOLUNTARY BLOOD DONATION CAMP



DATE : WEDNESDAY, 14 JUNE, 2017
TIME : 9 a.m. to 1 p.m.

BLOOD BANK, F BLOCK, GROUND FLOOR, SHARDA HOSPITAL GREATER NOIDA 24-hour helpline : 0120-2333999

Guest Lecture
Subject : NUCLEIC ACID TESTING (NAT) AND BLOOD SAFETY

Date : Wednesday, 14 June, 2017 Timing : 2.30 p.m. to 3.30 p.m.

Speaker:
Dr. Jyotsna Madan
Pathology HOD & Dean, Superspeciality Paediatric Hospital
& Postgraduate Teaching Institute, Noida

Venue Auditorium, Fifth Floor, SMS&R, Sharda University

MINI MARATHON 2017

Department of Cardiology, Sharda Hospital organized 'Mini Marathon' on the occasion of 'World Heart Day' on 27th September 2017 at Greater Noida. Huge number of volunteers participated in the marathon enthusiastically which was flagged off by Pro Chancellor, Sharda University who also awarded the winners of the race.



DIABETES AWARENESS LESSON ON 20th NOVEMBER, 2017

Sharda Hospital, SMS&R, organised the Diabetes awareness lesson on 20th November 2017 was attended by a large audience and graced by address and active involvement of the Pro Chancellor.

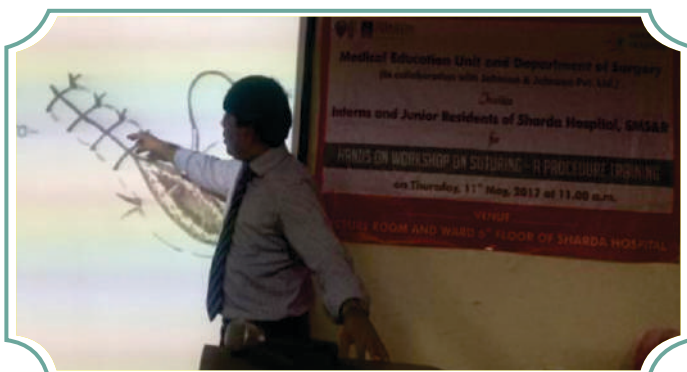


SUTURING WORKSHOP AT SHARDA HOSPITAL

Medical Education Unit and the Department of Surgery of SMS&R in collaboration with Johnson and Johnson Company organised Hands on Workshop on SUTURING-a procedural training on 11th May 2017 at 11.00 am at 6th floor Ward of Sharda Hospital for Interns and Residents of SMS&R.

The event was organised by Dr Ashok Bhatnagar, Professor of Surgery and Convener of Medical Education Unit of SMS&R. Dr Asfar Ali Consultant Surgeon Venkateshwar Hospital, Dwarka was invited as a Guest Faculty for conducting the Workshop. There was a very positive feedback of the workshop.

Hands on Suturing was supervised by the all the Faculty Members of the Department of Surgery and the Guest Faculty. The event was sponsored by Johnson and Johnson company and Mr Ankur Vaish organised the Event.



Workshop was followed by Lunch and after that there was a special training course on Vascular Surgery for the Senior Residents.

CONFERENCES / COURSES / PAPER PRESENTATIONS

Dr. Shalini Srivastav, Professor, Community Medicine chaired Scientific session on Maternal and Child Health in IAPSMUPUKCON- 2017 held on 27th-28th Oct. 2017 at UP Rural Institute of Medical Sciences & Research Saifai, Etawah .

Dr. Ashok K Dubey, Professor, Pharmacology, was elected Editor-in-Chief, Journal of Rational Pharmacotherapeutics and Research, the official print journal of the Indian Society for Rational Pharmacotherapeutics for the period 2018-20 during the National Conference of the Indian Society for Rational Pharmacotherapeutics, ISRPTCON, 19th-21st November, 2017, held at Aligarh Muslim University, Aligarh.

He was invited as Speaker at the 9th National Conference of the Indian Society for Rational Pharmacotherapeutics, ISRPTCON, 19th – 21st November, 2017, Aligarh Muslim University, Aligarh. He also attended the following other conferences after June 2017:

1. GPSCON, 5th November, 2017, Jamia Hamdard Convention Center.
2. 13th Annual Conference of Research Society for the Study of Diabetes in India (RSSDI), 24th October, New Delhi.
3. World Stroke Day Annual Symposium, Apollo Institute of Neurosciences, 23rd October 2016, New Delhi
4. BPCON- 27th National Conference of Indian Society of Hypertension, 1st to 3rd Sept, 2017, New Delhi
5. DIABESITY-CON, 13th August 2017, New Delhi
6. MCI Medical education training on ATCOM, MAMC, 19th Aug, New Delhi and Revised Basic Medical Education Training Workshop by MCI, MAMC, 16th -18th Aug, New Delhi

Dr. Harsh Mahajan, Associate Professor, Community Medicine

Chaired Scientific session on Non-Communicable Diseases in IAPSMUPUKCON- 2017 held on 27th-28th Oct. 2017 at UP Rural Institute of Medical Sciences & Research Saifai, Etawah .

NEW FACULTY

SMS&R welcomes the following new faculty members to its family who have joined after June 2017:

Department of Physiology

Dr. Shalini Bhatia, Assistant Professor

Dr. Swati Mittal, Assistant Professor

Department of Biochemistry

Dr. Saswati Das, Assistant Professor

Department of Pathology

Dr. Jasbir singh Dhupia, Professor

Department of Pharmacology

Dr. Ekta Arora, Assistant Professor

Department of Forensic Medicine

Dr. Ankita Kakkar, Associate Professor

Dr. Anshul Saxena, Associate Professor

Department of Community Medicine

Dr. Archana R, Assistant Professor

Department of Medicine

Dr. V.P.S Punia, Professor

Dr. Deepak Jain, Assistant Professor

Dr. Subendu Mohanty, Assistant Professor

Dr. Abhishek Pandey, Assistant Professor

Dr. Abhinandan Mishra, Assistant Professor

Department of Respiratory Medicine

Dr. Shailendra Nath Gaur, Professor and Head

Department of Dermatology

Dr. Gopi Krishna Maddali, Professor

Dr. Akhil Kumar Singh, Associate Professor

Department of Paediatrics

Dr. Satinder Aneja, Professor and Head

Dr. Brig. Ranjit Ghuliani, Professor,

Dr. Gaytri Koley, Assistant Professor

Department of Surgery

Dr. Inder Nath Verma, Assistant Professor

Dr. Abdul Munnon Durrani, Assistant Professor

Department of Orthopaedics

Dr. Anil Joshi, Professor

Dr. Albert D'Souza, Assistant Professor

Dr. Jaswinder Singh, Assistant Professor

Dr. Vasu, Assistant Professor

Department of Obs and Gynae

Dr. Soniya Dhiman, Assistant Professor

Department of Anaesthesia

Dr. Wasim Mohammad Bhat, Assistant Professor

ACHIEVEMENTS OF SMS&R STUDENTS

The football team of SMS&R has brought various laurels to the college, the most recent one was getting the second position at Pulse 2017 held at AIIMS this year.



Sharda University participated in the inter college multi sports tournament held by IMS Ghaziabad. The girls' basketball team was the Runners up in the tournament. **Geetanjali Rawat, first year MBBS student** (batch 2017-18) was the captain of the basketball team. She was also awarded the **Best Player of the Tournament**.



Tanya Tandon got selected for the prestigious 'Developing Indian Physician Scientists' (DIPS) workshop sponsored by Wellcome Trust (UK) and DBT. She was the only student selected from a private medical college among the forty final year MBBS students and postgraduate residents representing AIIMS Delhi, other AIIMS institutes, PGI Chandigarh, JIPMER, and similar reputed colleges across the country.



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