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SCHOOL OF MEDICAL SCIENCES AND RESEARCH









NEWSLETTER VOLUME-5 • ISSUE-2



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Dean's Message

I warmly welcome you to another new issue of School of Medical Sciences & Research's newsletter.

The school organised various successful events such as World ORS Day, School Camp in collaboration with Inner Wheel Club, National Dengue Day, World Breastfeeding Week, Radio talk, Health awareness and screening camp, World Asthma Day, CME on Neuromuscular Blocking Agents, International Thalassaemia Day, Seminar on behavioral Sciences, Guest Lecture on Pain Management, YOUTHCON 2019, World Menstrual Hygiene Day, Employee Cardiac Check-up camp etc. The students and faculty members of the school participated in the events actively and made the programs highly successful.

The Sharda Hospital, as always, in an endeavour to excel and ensure the availability of health facilities to the community, organised various health campaigns for the general public which were attended by huge number of patients. Many basic screening procedures and the consultation by experienced and senior doctors were made available to the patients free of cost.

Students of the school organised 'nukkad' plays and educational programs for the general public in nearby places under the guidance of their teachers. Students brought glory to our school by being among the toppers in national level examinations.

Congratulations and best wishes to all involved and let us keep on conquering newer heights!

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Editor's Note

The Newsletter is an effort to highlight the wide range of academic, scientific, community-centric, patient care and student activities, going on round the clock in SMSR and Sharda hospital.

It reflects the dynamism of our faculty and students in taking our budding school and hospital to a higher pedestal, to rival the best.

We solicit support from our respected HODs, Senior Faculty and all colleagues, to provide guidance, valuable opinion, feedback, suggestions for improvement.

With your support, we hope to make the newsletter a chronicle, recording the evolution of SMSR and Sharda hospital.

For the forthcoming issues of Newsletter, we request all to provide the following information as and when applicable:

- 1. Awards received & Achievements of the department / faculty member(s).
- 2. Conference attended / paper presentations by the faculty members of the department.
- 3. Events / CMEs / Symposia conducted by the department.
- 4. Collaborative Research undertaken
- 5. Publications
- 6. Visiting Faculty
- 7. Community Healthcare Initiatives
- 8. Student directed activities
- 9. Write-ups on clinical meetings
- 9. New Faculty profiles

The details may be please be forwarded to:

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NEWS & EVENTS _____

World ORS Day

Department of Community Medicine along with department of Pediatrics observed the World ORS Day on 30th June, 2019. Community Medicine department arranged a health talk in RHTC to spread awareness among the people regarding ORS and its benefits on 30 June 2019. The Health Talk was planned and coordinated by Dr Khushboo Juneja, Dr Ambren Chauhan, Dr Anjani Kumar Srivastava, Dr Tuhina Shree, LMO Dr Sushila Verma of Department of Community Medicine under the guidance of Dr S Nagesh (Professor & Head) and Dr Amit Singh Pawaiya (Associate Professor).

The day started with a health talk given by interns Anjali Saroha, Priyam, Sanjukta and Imzah Parvez in RHTC in which the people were made aware of Health related problems occurring in the area due to diarrhoea and also dehydration caused by it. They were also told about correct way of making ORS and how to use ORS along with benefits of zinc tablets. Following the talk general physical health examination and systemic examination was done by the doctors and medical students and free ORS sachets were given to all adults as well





as children. A proforma was filled by every villager present in the RHTC. Overall it was very successful event due to the combined efforts of the Department of Community medicine, Interns and staff of RHTC.

School Camp in collaboration with Inner Wheel Club

Department of Community Medicine arranged a camp in school for the assessment and monitoring of healthrelated problems in school going children and general health check-up on 2nd August 2019. The camp was planned and coordinated by Dr Amit Singh Pawaiya, Dr Khushboo Juneja, Dr Ambren Chauhan and Dr Sushila Verma, Department of Community Medicine under the guidance of Professor Dr S Nagesh (HOD).

The day started with a health talk given by the Interns i.e, Anjali Saroha, Sanjukta and Imzah Parvez in Prathmik Vidyalaya at Rauni in which the people were made aware of Health-related problems in school going children. Following the talk, general physical health examination including dental and ophthalmic examination was done by the doctors and the interns. A proforma was filled by every student in the school in the required age group. Their heights and weights were measured, vision and hearing were tested and hygiene of all the students was









checked. Based on it, appropriate advice and suggestions were given. Free toothbrushes and toothpastes were provided to the children on the basis of dental check-up. At the end of health check-up, a nukkad natak was performed by NSS Students on ORS telling about the uses and benefits of ORS. Overall the camp was very successful due to the combined efforts of the Department of Community medicine, Interns and staff of RHTC.

National Dengue Day

The event was organised on 16th May, 2019, by the department of Community Medicine to spread awareness regarding dengue and to increase preventive measures as well as to find ways to prevent and control the disease

Health awareness activities organized at UHTC (Bhangel) and RHTC (Panchaytan):

- Activities were planned and co-ordinated by UHTC in-charge: Dr. Neha Tyagi and Dr. Anshu Singh and RHTC in-charge: Dr. Amit Singh Pawaiya and Dr. Khushboo Juneja under the guidance of Dr. S. Nagesh, Dr. Shalini Srivastava.
- Free health camp was organized at outreach centre at RHTC Panchaytan (Masoda) and Salarpur (Bhangel).



World Breastfeeding Week

The event was organised by the department of Community Medicine and department of Pediatrics to make the community aware regarding breast feeding and management of low birth weight infants – Kangaroo mother care / feeding.

Activities at SMSR & Sharda Hospital: CME on 01 August, 2019; Venue: 5th floor, Auditorium, SMSR

- Welcome Address was done by Dr Shashi Bhushan and guest speaker was introduced by Dr Garima, Department of Paediatrics.
- CME was conducted successfully from 2.30 to 4.00 PM by Guest speakers Dr Harish Chellani (Professor & Head) from VMMC & Safdarjung Hospital Delhi and Dr Sugandha Arya (Professor & Senior Specialist) from VMMC & Safdarjung Hospital Delhi Regarding Breast feeding in Low Birth Weight infants. Total 150 students attended.
- Vote of thanks was given by Dr. Satinder Aneja, Professor & HOD, Department of Paediatrics.



• Students from 4th, 6th and 8th semester, post-graduate students and faculty from different departments attended the CME.

Activities at UHTC (Bhangel) and RHTC (Panchaytan) on 06-07 August 2019

- Activities were planned and co-ordinated by UHTC in-charge: Dr. Neha Tyagi, Dr. Anshu Singh and Dr. Neeti Purwar with RHTC in-charge: Dr. Amit Singh Pawaiya, Dr. Khushboo Juneja and Dr. Ambren Chauhan under the guidance of Dr. S. Nagesh and Dr. Shalini Srivastava.
- Pediatrics OPD and Breast Feeding counseling session : R.H.T.C. Panchayatan & U.H.T.C. Bhangel by Dr. Garima Anand (PG 2nd Year) & Ms. Savita Srivastava Child Counselor. 09:00 AM to 01:00 PM.



Radio Talk (Suno Sharda)

A Radio talk was organised by the department of Community Medicine on health awareness under community connect programme which was held on 26th August 2019 for radio station 90.8 of Sharda University.

The talk was given by Dr S. Nagesh (Professor & HOD, Department of Community Medicine, SMS&R). Dr Shalini Srivastava & Dr Harsh Mahajan (Professor, Department of Community Medicine) and Dr Anjani Kumar Srivastava (Assistant Professor, Department of Community Medicine) also participated in the event.

Dr Nagesh answered the queries regarding the diseases that are commonly transmitted by mosquitoes in rainy season in Delhi/NCR.

Queries related to the transmission, symptoms, management, prevention and control of Malaria, Dengue and Chikungunya were answered.

By the end of the show, the students gained a good knowledge of common diseases transmitted by mosquitoes and ways to prevent them.

World Health Awareness and Screening Camp

The event was organised by the department of Community Medicine to make the community aware regarding women health problems, breast feeding practices and screening for high risk females.

Activities at RHTC (Panchaytan):

- Activities were planned and co-ordinated by RHTC incharge: Dr. Amit Singh Pawaiya, Dr. Khushboo Juneja and Dr. Ambren Chauhan under the guidance of Dr. S. Nagesh.
- This health awareness and screening session was organized at Ghirdharpur village near RHTC Panchaytan.
- Health awareness session on "women health problems, breast feeding practices and screening for high risk females" was prepared by post-graduate students: Dr Ankita Makhija and RHTC interns: Mawra, Monica, Nikita, Ojasvini, Preeti, Saima.
- This was followed by feedback from audience which included lactating mothers and post-menopausal females.
- Queries of the mothers regarding screening of women health related diseases were also answered by faculty members.
- Session concluded with distribution of dhalia, gur and channa packets by the members of the Inner wheel rotatory club.





A Nukkad Natak on "women health awareness and screening" was prepared and performed by interns: Mawra, Monica, Nikita, Ojasvini, Preeti, Saima with the objective of creating awareness among the females of Girdharpur village regarding various women health problems and their management.





World Asthma Day

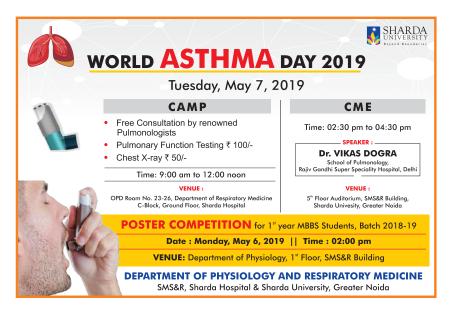
Department of Physiology & Department of Respiratory Medicine, Sharda Hospital celebrated the "World Asthma Day 2019" on 6th & 7th May, 2019.

Objectives of the event were to create awareness about asthma amongst student, faculty and community and community service by means of free consultation by renowned pulmonologists and providing subsidized pulmonary function testing & chest X-ray facilities

Poster competition for 1st year MBBS Students, batch 2018-19, was held on 6th May, 2019 in the department of Physiology, 1st Floor, SMS&R Building. Asthma Camp for patients was held on 7th May, 2019 between 9am-12noon in OPD Respiratory Medicine, Sharda Hospital

Guest talk was organised and the guest speaker was Dr. Vikas Dogra, MD, DM, Rajiv Gandhi Super Specialty Hospital, Delhi. The talk was held 02.30 pm onwards on 7th May, 2019 in the LT 1, 3rd floor, Block-22, SMS&R.

Dr P L Kariholu, Pro V C, SMS&R, Sharda University was the chief guest and Dr Manisha Jindal, Dean, SMS&R, was the Guest of Honour:



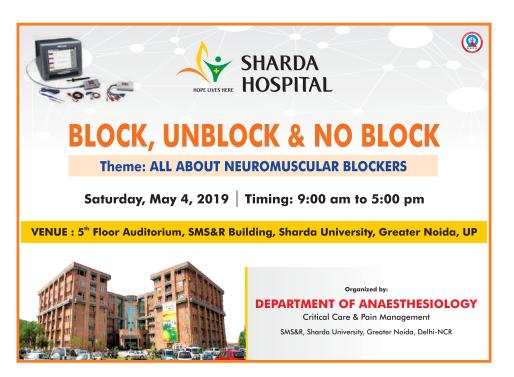
CME on "Block, Unblock, No block, all about Neuromascular Blocking Agents"

Department of Anaesthesia, SMS&R, Sharda University organized a CME on "Block, Unblock, No Block, all about Neuromuscular Blocking Agents" on 4th May 2019.

Objective of event was to make postgraduate and undergraduate students aware about the latest updates and use of Neuromuscular Blocking in ICU. It was also aspired that the program would bring together faculty and postgraduate students from different colleges to share their ideas and research.

Organizing Chairman was Dr. (Prof.) Suveer Sharma, HOD, Department of Anaesthesia, SMS&R and the organizing Co-Chairpersons were Dr. (Prof.) Aarti Srivastava, Dr. (Prof.) Amit Gupta Dr. (Prof.) K.L.Gupta. Dr. Shipra Singh (Asst. Prof.), Department of Anaesthesia, SMS&R was the organising secretary for the event.

The program was held on 4th May, 2019 between 9:00 AM – 05:00 PM in 5th Floor Auditorium, Block-3, SMS&R.



International Thalassaemia Day

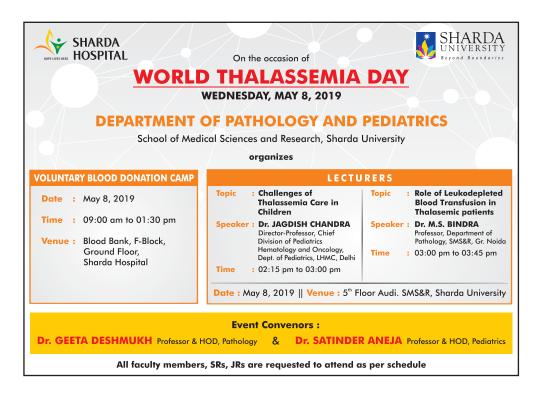
Department of Pathology and Paediatrics organized 'International Thalassaemia Day' on 8th May 2019. Theme of the event was universal access to quality thalassaemia healthcare services: 'Building bridges with and for patients'. The objective of the event was awareness about thalassaemia

Dr Geeta Deshmukh (Professor & HOD of Pathology) and Dr Satender Aneja (Professor & HOD of Pediatrics) were the event conveners. Dr Jyoti Mishra (In-charge of Blood Bank, SMS&R) was the event coordinator.

Voluntary Blood Donation Camp was held on 8th May 201 between 9:00 A.M. to 1:30 PM at the Blood Bank, Sharda Hospital.

Two lectures were held from 2.15 pm to 3.45 pm at the 5th Floor, Auditorium, SMS&R building, Sharda University. Dr Jagdish Chandra, invited guest speaker (Director-Professor, Chief Division of Pediatric

Haematology and Oncology, Department of Pediatrics, LHMC, Delhi) spoke on the topic 'Challenges of Thalassaemia care in children'. Dr M.S. Bindra (Professor, Pathology Department, SMS&R) spoke on the topic 'Role of Leucodepleted Blood Transfusion in Thalassaemia patients'



CME-cum-WORKSHOP on "Standard Practices used to Prevent Hospital associated Infections"

Department of Microbiology, organized a CME -cum- Workshop on "Standard practices used to prevent hospital associated infections" on 9th May 2019.

The objective of event was to raise awareness among health care workers on how they can prevent hospitalacquired infections.

Dr Vichal Rastogi was the convener for the event and Dr Sneha Mohan

Dr Manoj Jais, Director Professor, Lady Harding Medical College, New Delhi was the Chief Guest for the event.

Program was held at 5th Floor Auditorium SMS&R, on 9th May 2019, from 10 A.M. to 4 P.M. Dr Jais spoke on Universal precautions, Hand Hygiene & PPE. He also spoke on 'Prevention of Hospital Acquired Infections'. Dr Vichal Rastogi gave the overview of Hospital Acquired Infection. Dr Sneha spoke on Biomedical waste management. Workshop activity was held on biomedical waste management, PPE and hand hygiene.

Seminar on "Behavioral Sciences, Test Taking Strategies, Tips & Insights for USMLE Preparation"

SMS&R organized a seminar on "Behavioral Sciences, Test Taking strategies, tips & insights for USMLE Preparation on 12th June 2019.

Dr. Manisha Jindal, Dean, SMSR, was the convener. Speakers were, Dr. Kevin Schuller (who spoke on Behavioral Sciences) and Dr. Tenzin Jamyang, who spoke on (Test taking strategies, tips & insights for USMLE preparation)

The program was held between 2:30 pm – 4:30 pm at 5th Floor, Auditorium, SMS&R Building, Sharda University.

Guest Lecture on "Past, Present and Future aspects of Pain Management"

Department of Anaesthesia, organized a Guest Lecture on "Past, Present and Future aspects of Pain Management" on 10th August 2019.

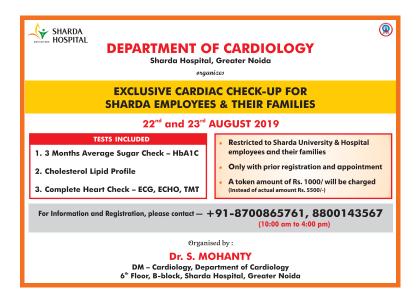
Objective of Event was to make postgraduate and undergraduate students aware about the latest updates of Pain Management

Dr. (Prof.) Suveer Sharma, HOD, Department of Anaesthesia, was the Convener/Coordinator.

Program was held between 09:00 am and 05:00 pm in the Operation Theatre and department of Anesthesiology.

Employee Cardiac Check-up Camp

Department of cardiology, Sharda Hospital organized the ECC (Employee Cardiac Check-up) Camp on 22nd - 23rd Aug 2019 exclusively for Sharda University and Hospital employee & Families.



CME, Youthcon 2019

uly 27, 2019

The department of obstetrics and gynecology conducted a one day CME, YOUTHCON 2019, on adolescent health and menstrual hygiene, on 27th July, Saturday, from 8:30am -4:30pm. The theme was selected, keeping in mind the much-needed adolescent health issues including sex education and contraception, to be addressed before a wider audience.

Menstrual hygiene is a very under evaluated and under spoken topic. This event was successful to bust myths and taboos associated with this and disseminate education about sanitation methods.

World Menstrual Hygiene Day (28th

On the occasion of World menstrual hygiene day, 28th May, the department of Obstetrics and Gynaecology organized an awareness activity in collaboration with Human Touch Foundation, Greater Noida. The activity was done in Sakipur village.















Foundation Course of 1st MBBS (Batch 2019-2020)

First Foundation Course for the New Batch admitted in 1st MBBS was held from 1st to 31st of August, 2019, as per the new Guidelines of MCI organised by the Medical Education Unit and Foundation committee of SMS&R. Prof Ashok Bhatnagar, Head MEU was In-charge and coordinator of the Foundation Course. The MEU and first MBBS faculty Members were Co-Coordinators of the Foundation course.





It was a great challenge to organise such a long duration course for a month without teaching first MBBS subjects. It took almost two months to formulate the entire one-month schedule after lots of discussions and deliberations to give the final shape to the Foundation course. Almost 100 classes had to be arranged which were taken by more than 60 Teaching Faculty Members of SMS&R and other institutions of Sharda University. The month long Foundation course included 30 hrs duration Orientation course for first five days which started with the grand inauguration on day one. After this the course contents were divided according to the dedicated hours allotted as per MCI guidelines-35 hrs for Skills module,40 hrs for Professional and Ethics,40 hrs for Language and Computers,22 hrs for Sports and Extracurricular activities and 8 hrs for the Field visit.

The students entering Medical Colleges are from different backgrounds and have different expectations. They are plagued by personal fears of home sickness, peer pressure, ragging, language and other adjustment problems at 17-19 years of impressionable age. Besides there is a need to appreciate the nature of their chosen profession.

MCI has set clear regulations regarding the crucial foundation course to shape them into model Doctors. The Aim was to sensitize the fresh Medical Students with the required skills and nnowledge which







would help them to acclimatise to the new professional environment and would also help in future during their long career of Medical Profession. The intent was to provide a bridge course for students from different boards, language of instructions, backgrounds and cultures and adequately prepare them for learning and a career in medicine

Closing Ceremony was organised on the last day ,31st August. It was attended by the Dean and other faculty members and the new students.

ACHIEVEMENTS OF SMS&R FACULTY AND STUDENTS _____

FACULTY ACHIEVEMENTS

Dr Shalini Srivastava (Professor)

Attended "21st National Conference of Association for Prevention & Control of Rabies in India" organized by Department of Preventive & Social Medicine, RIMS Ranchi on 6th & 7th July 2019.

Dr Harsh Mahajan (Professor)

Participated in "21st National Conference of Association for Prevention & Control of Rabies in India" organized by Department of Preventive & Social Medicine, RIMS Ranchi on 6th & 7th July 2019.

Dr Amit Singh Pawaiya (Associate Professor)

Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.

Dr Neha Tyagi (Assistant Professor)

Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.

Dr Khushboo Juneja (Assistant Professor)

Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.

Dr Anshu Singh (Assistant Professor)

- Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.
- Awarded ELITE+SILVER certificate in MANAGE TB course by ICMR.

Dr Neeti Purwar (Assistant Professor)

- Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.
- Awarded ELITE+SILVER certificate in MANAGE TB course by ICMR.

Dr Tuhina Shree (Senior Tutor)

Participated in 7th National conference on 'One health–anti microbial resistance and diseases of public health importance (zoonotic diseases)' on 3rd July 2019 at VMMC, Delhi.

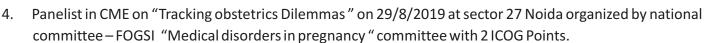
Dr. Shehla Jamal

- 1. Conducted camp in GAIL SOCIETY on occasion of menstrual hygiene day.
- 2. INSUOG AGRA: National conference on ultrasound as delegate.
- Conducted workshop in GAIL limited India (Noida) As Knowledge partner in VALUENDOW workplace wellbeing project, by GAIL, INDIA.
- 4. Completed Fetal Medicine Course in AllMS, New Delhi
- 5. Awarded CHAMPION of anaemia certificate by FOGSI
- 6. Attended FOGSI conference as CHAIRPERSON in National conference, Breaking Silos, New Delhi
- 7. Speaker on preterm labor in FOGSI perinatology conference in Noida
- 8. Panelist in fetal medicine discussion in annual conference of Noida Obstetrics and Gynecologists Society.
- 9. Conducted camp in Unitech Horizon society, Greater Noida.
- 10. Organised state level conference, YOUTHCON 2019, as organising Secretary.
- 11. Founded a new registered society for menstrual disorders and hygiene management.
- 12. Invited to Doordarshan for interviewing Academic Dean of AIIMS, NEW DELHI.

Dr. Ruchi Srivastava

- Attended 19th annual conference of NOGS 21/7/2019 Radissan Blu Hotel Noida. Panelist – Complicated caesarean section (Case Based)
- Attended FOGSI conference on 10th & 11th Aug 2019 Breaking Silos – Adolescent to menopause organized by Maulan Azad Medical college, New Delhi, Chairperson in Antenatal case session
- Oral presentation in FOGSI conference on 10th & 11th Aug 2019

 Breaking Silos Adolescent to menopause



5. Organized a symposium on laparoscopic energy sources. Also moderated the session on 23/8/2019 at Hotel Crown, Greater Noida.









Dr. Neerja Goel

- 1. 19th annual NOGS meeting as chairperson
- 2. Attended ovarian malignancy conference in GIMS, Greater Noida
- 3. Attended FOGSI conference on 10th & 11th Aug 2019 Breaking Silos – Adolescent to menopause



Dr. Archana Mehta

- 1. Attended ovarian malignancy conference in GIMS, Greater Noida.
- 2. Attended Ethicon Energy Symposium on 23/8/2019.





STUDENT ACHIEVEMENT

Artur Sisodiya, 5th semester MBBS student of Sharda (School of Medical Sciences and Research) Bagged 2 trophies, 5 Gold, 2 Silver and Bronze in Aquatics Event in 47th Annual South-Asian Medical Fest, Pulse 2019 held at All India Institute of Medical Sciences (AIIMS), New Delhi.

(Gold in 200m freestyle, 50m freestyle, 50m butterfly, 4*50 freestyle Relay, 4*50 medley Relay, Silver in 100m butterfly, 50m breaststroke, Bronze in 100m freestyle)



Isha Dash

Played with her partner Akshit Pathela in the mixed doubles event of the senior category in Delhi State Ranking Badminton tournament held at Punjabi Bagh club and they were seeded no. 1 in this tournament by winning gold



NEW FACULTY _

SMS&R welcomes the following new faculty members to its family who joined the institute from May to September 2019.

Department of Physiology

Dr Yogesh Tripathi- Professor Dr Manish Gupta- Senior Tutor

Department of Biochemistry

Dr Prabhat-Assistant Professor

Department of Community Medicine

Dr Anjani Kumar Srivastava-Assistant Professor Dr Tuhina Shree-Senior Tutor

Department of Anesthesia

Dr Ritika Srivastava- Assistant Professor Dr Prashant Sharma- Assistant Professor

Department of Surgery

Dr Purshotam Dass Gupta-Assistant Professor Dr Karan Ratnam Rawat-Assistant Professor Dr Ashutosh Kumar Singh-Assistant Professor

Department of Medicine

Dr Vrinder Mohan Singh- Professor Dr Shishir Pandey- Assistant Professor Dr Bhumesh Tyagi- Assistant Professor

Department of Psychiatry

Dr Shruti Sharma-Assistant Professor

Department of Paediatrics

Dr Veereshwar Bhatnagar- Professor, Paediatric Surgery (Dean Research) Dr Hemlatha Singh- Assistant Professor

Department of Ophthalmology

Dr Divya Singh-Assistant Professor

Department of ENT Dr Rohit Saxena- Professor

Department of OBG

Dr Mayuri Ahuja- Assistant Professor



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